

# FLUORIDE FACTS

---

## 1) It's Natural

Fluoride occurs naturally on earth and is released from rocks into water. It's this same natural fluoride that's added to water to protect your family's teeth.

## 3) It's Highly Recommended

Fluoridation is recommended by the American Academy of Pediatrics and World Health Organization.

---

## 2) It's Healthy

Fluoride strengthens permanent teeth during your kid's development and is good for your kid's oral health. A healthy mouth means a healthy kid.

