

A photograph of two plastic bottles on a wooden surface. On the left is a bottle of orange fruit drink with a green cap and a label that says 'ALL NATURAL! FRUIT DRINK' with images of strawberries and kiwi. On the right is a bottle of dark soda with a red cap and a label that says 'SODA'. A white speech bubble with a tail pointing to the bottles contains the text 'Can you spot the difference in these sugary drinks?'.

**Can you spot
the difference
in these sugary
drinks?**

**There is no
difference.**

Fruit drinks contain as much sugar
as soda. Don't assume "fruit drinks"
are "healthier" for your kids.